

Northeast Chapter of the **Nebraska Association for Infant Mental Health**

An infant's ability to develop and learn through caring, loving relationships and experience emotions is what Infant Mental Health is all about. Infants, ages 0-5, learn through their relationships with their family, friends, and community. The quality of an infant's social and emotional development in their first few years of life makes all the difference in the person they will become.

Guiding Principles

The Northeast Chapter of the Nebraska Association for Infant Mental Health believes that the following principles are guiding factors in Infant Mental Health:

- Each child begins their life with their own personality and developmental schedule.
- Infant's relationships with others are an important factor in shaping their lives.
- Influences from an infant's environment also contribute to the infant's development.
- Parenthood is an opportunity for mothers and fathers to grow as well...involvement of both parents is immensely important.

Mission

The Northeast Chapter of the Nebraska Association for Infant Mental Health's mission is to provide families and those working with infants the knowledge and skills to provide a foundation for successful emotional and social development. We will accomplish this by:

- Distributing information about the vital importance of the first few years of life regarding social and emotional development.
- Facilitating and promoting collaboration among service providers, families, and individuals that serve children and are concerned with Infant Mental Health in Northeast Nebraska.
- Encourage public policy at the local, state, and national levels that encourage infants' social and emotional development.



NAIMH is an affiliate of the World Association for Infant Mental Health