

21ST Annual Early Childhood Conference

“Children Are Our Business”



Anchoring Yourself For Quality Care!

Saturday, August 8, 2009
Northeast Community College
Lifelong Learning Center
801 East Benjamin Ave.
Norfolk, Nebraska

Sponsored by

Northeast Early Childhood Professional Partnerships

Northeast Community College
UNL Extension – Madison County
Nebraska Department of Health and Human Services
Family Services of Lincoln, CACFP
Northeast Nebraska Child Care Support Group
Northeast Chapter NAEYC
ESU #8 and 29 Early Childhood Interagency Planning Regions
Prevent Child Abuse Nebraska
Early Childhood Training Center



Conference Information

Registration Fee: If your registration is postmarked by July 31st, the fee is \$20.00; if registration is postmarked after July 31st the fee is \$25.00. Fee includes program materials, brunch, lunch and refreshments. Scholarships are available for reimbursement through the Northeast Nebraska Early Childhood Professional Partnerships. (www.esu1.org) For more information, phone (402) 370-4040.

Workshop participation is limited to room size. Please indicate the number of the workshop you wish to attend at the 11:00 a.m. breakouts on your registration form.

Health Information Reports: We regret that due to changes in the HHS Health form, we will no longer offer the completion of health information reports at this conference. We are sorry for any inconvenience.

Target Audience: Child care providers, child care center directors and staff, preschool teachers, primary grade teachers, Head Start staff, early elementary teachers, parents, foster parents and anyone who cares about children.

Credit: In-service hours for child care providers and foster parents will be given by the Nebraska Department of Health and Human Services-one hour credit for each program hour attended. The total for the day would be 5.5 hours of inservice.

AGENDA

7:00 a.m. - 8:00 a.m.	Health Information Reports, Registration
8:00 a.m. - 9:30 a.m.	Opening Keynote – “ <i>Attack of the Snotterpillars</i> ”-Jeff Johnson
9:30 a.m. - 10:00 a.m.	Brunch, viewing of booths
10:00 a.m.- 11:00 a.m.	Keynote – “ <i>You=Professional Role Model</i> ”-Jeff Johnson
11:00 a.m.- 12:00 p.m.	Break Out Sessions, Your Choice
12:00 p.m.- 12:30 p.m.	Lunch, viewing of booths
12:30 p.m. - 1:30 p.m.	Keynote – “ <i>Cows in the Basement</i> ”-Jeff Johnson
1:30 p.m. - 2:30 p.m.	Closing Keynote – “ <i>Shaping Your Legacy</i> ”-Mary Kay Uhing
2:30 p.m.	Door Prizes, Dismissal

Our Speakers

Jeff A. Johnson After 16 years of directing a child care and community center, Jeff became a Family Child Care Provider in 2003 with his wife, Tasha. Their program focuses on emergent learning in a play-based and child centered environment. Jeff is the author of Redleaf Press books, including: *Finding Your Smile Again*, *Do-It-Yourself Early Learning*, and *Babies in the Rain*, as well as *The Child Care Alphabet Book of Early Learning* and *The Child Care Alphabet Book of Manipulatives*. Jeff now travels around the country presenting topics such as combating stress and burnout, easy to make toys that promote learning and building relationships with children. This is Jeff’s second appearance at this conference.

Mary Kay Uhing, M.S.W., is an International Consultant with over 22 years experience. She is a trained marriage and family therapist and a community organizer, committed to transforming the dynamics of how people work together. Mary Kay currently owns and operates her own training and development business, *MK Consulting*, and specializes in Strategic Planning, Creative Thinking, Team Building and Communications, and Professional Facilitating. She is a wife and mother and a respected community leader who is committed to bringing out the best in others.

Our Training



KEYNOTES:

Presented by Jeff Johnson:

“ATTACK OF THE SNOTTERPILLARS”

Maintaining strong relationships with the children is the anchor of any quality child care environment, but hard work and down right difficult when your are attacked by Snotterpillars! We will look at how provider stress can impact those relationships. Getting in tune with children is often physically, emotionally mentally demanding. Providers will leave with useful tools for dealing with their stress, validation as early care and education professionals and a smile on their faces.

“YOU = PROFESSIONAL ROLE MODEL”

Like it or not, if you spend time with children you are a professional role model! Children learn more from our actions than our words. Learn how to look closer at how our actions influence children in their lives and how anyone who works with children can be a more effective role model.

“COWS IN THE BASEMENT”

A child’s life should be full of whim, fantasy, imagination and goofiness, but all too often kids are being forced to grow up too soon. This session will look at how we as caregivers can feed their need for fun and fantasy...and have a good time ourselves while doing so.

CLOSING KEYNOTE:

Presented by Mary Kay Uhing

“SHAPING YOUR LEGACY: ONE CHILD AT A TIME”

This final session will celebrate the significance of your profession, help you discover the importance of your work today as it relates to our leaders of tomorrow. You will anchor yourself with a number of relationship building tips.

BREAK OUT SESSIONS

(Choose one; circle your # choice on registration form)

1. “*Food Allergies and Children*” Food allergies are on the rise, so it is very likely you have or will have a child in your care with one. Please join us to learn how to provide the best care for children with allergies. It can be a matter of life or death. *Darlene Bantam, DTR, Family Service Child and Adult Care Food Program*

2. “*Relaxation Techniques*” Children absolutely love yoga and will try just about anything you demonstrate to them, they also adore books and being told stories. Learn how to combine yoga and movement with storytelling and adventure! Get hands on practice with basic yoga postures, plus references for music, books and art projects. This session will conclude with relaxation, centering and breathing techniques just for you. *Tina Collison, Instructor, Yoga, Pilate Studio, Norfolk*

3. “*First Steps to Positive Behaviors*”

Have you every asked yourself, “how did this ever happen?” When chaos and kid’s behaviors get to us the most, how does this affect the atmosphere you are providing? In this session you will reflect on the relationships you have with the kids, how you are setting up the environment for success and what children need to know to be successful in social settings. All of these are important first steps towards nurturing and empowering children for success. *Susan Strahm, Northeast Early Childhood Professional Development Coordinator.*



Northeast Early Childhood Professional Partnerships
E.S.U. Unit #1
211 10TH Street
Wakefield NE 68784

REGISTRATION FORM

Early Childhood Conference
Saturday, August 8, 2008
Course #ECO10201

Full Name _____ Previous Last Name _____
Address _____ Date of Birth _____
City/State/Zip _____ Daytime Phone # _____

PAYMENT BY EMPLOYER: Employer: _____
Billing Address _____ Zip _____

Check one of the following:

- Conference registration only, \$20 before July 31st, \$25 after July 31st.
- Conference registration, NAEYC Members Only, \$15. Membership ID# _____

Please circle your choice (one choice only) of the break out session (listed on the previous page) you would like to attend:

- 1. Food Allergies
- 2. Relaxation Techniques
- 3. First Steps to Positive Discipline

Conference walk-ins are welcome!

MAKE CHECK PAYABLE TO MADISON CO. EXTENSION, \$20.00 if postmarked by July 31, 2009, \$25.00 after July 31, 2009.

Mail to: **Madison County Extension 601 E. Benjamin, Suite 105, Norfolk NE 68701-0812**